



**"BE THE BEST WE CAN BE"**

**PLYMPTON JUNIOR FOOTBALL - HANDBOOK**

# PLYMPTON FOOTBALL CLUB - JUNIORS

## Mission Statement

The Plympton Football Club Juniors is committed to providing a positive environment in which children can learn, enjoy and develop a range of skills playing Australian Rules Football.

### Values

Proud, Respected, One Club

### Vision

The Plympton Football Club Juniors will be acknowledged as providing an excellent junior football program within the SANFL Juniors Football League.

### Objectives

To develop an environment which will enable all junior players to progress their skill levels and enjoy participating in Australian Rules Football.

To provide a solid coaching base that allows for all skill levels to be developed.

To provide an environment which will foster skills and personal development so that the club's junior footballers can progress to the highest level of football available to them.

Have our players aim to participate at the highest competitive level, have fun and gain fitness.

Maintain the philosophy of being a family-oriented club.

## Welcome Message

Welcome to Season 2024!

We would like to extend a warm welcome to all new players and their families who have joined us this year. We are sure that you will enjoy the family atmosphere on offer at Plympton and we look forward to your involvement with our Club. We hope that you develop a long relationship with our club. Welcome back to all our existing players and families.

This year the PFC Juniors will be represented in Boys Football U7 - U8 – U9 – U10 – U11 – U12 – U13 – U14 – U15 – U16, U17.5, Girls Football U10, U12, U14, U16, as well as Auskick. SANFL Juniors will be managing body for all junior football in SA.

Please take the time to read the following pages. This book, 'The Handbook', should be able to provide you with the answers to many of the questions you will have about the Plympton Football Club Juniors. If there is something else you need to know then please don't hesitate to ask any of our Junior Football Committee, our Junior Football Director, Football Operations Manager, your coach or a Committee Member or Team Manager.

The club will have a range of merchandise which will be consistent for the Junior and Senior clubs and create a one club image. Socks, Shorts, Singlets, Polo Tops, Club Jackets, Training Tops are available for purchase. We run online shops with our provider, and a small amount of stock is held for purchase.

Trainings are on Thursday nights as the main training session, with some of our older grades training on Tuesday night also. Please refer to your coach or team manager for your age groups training details.

There is lots of information available throughout the football season. You can view the info on the Plympton Bulldogs website. We also send out WEEKLY updates via a group e-mail. Make sure we have your e-mail address to receive updates. It contains results, fixtures and general news from around the club. A key resource for all players and parents is the SANFL Junior Football website. This is essential reading on a weekly basis for scores, fixtures and other notices. You will also receive direct contact or emails from your Coach and or Team Manager.

Each year we call on parents to help fill many voluntary roles within the club. Each team requires a Coach, a Team Manager, a Runner, a Qualified Trainer, a Boundary Umpire, a Goal Umpire, a Scoreboard Attendant, a Time-Keeper, Water Boys. All parents will be called upon to volunteer and perform a role over the year.

To our players, we trust you will enjoy your football with the PFC Juniors this season. Our club is committed to building an environment which will enable all junior players to progress their skill levels and allow as many as possible to progress to the highest level of football available.

Wear your club colours with pride. When representing our club please always show respect to anybody else who is involved in our game, whether that be a supporter, teammate or opposing players. We wish you every success for the year.

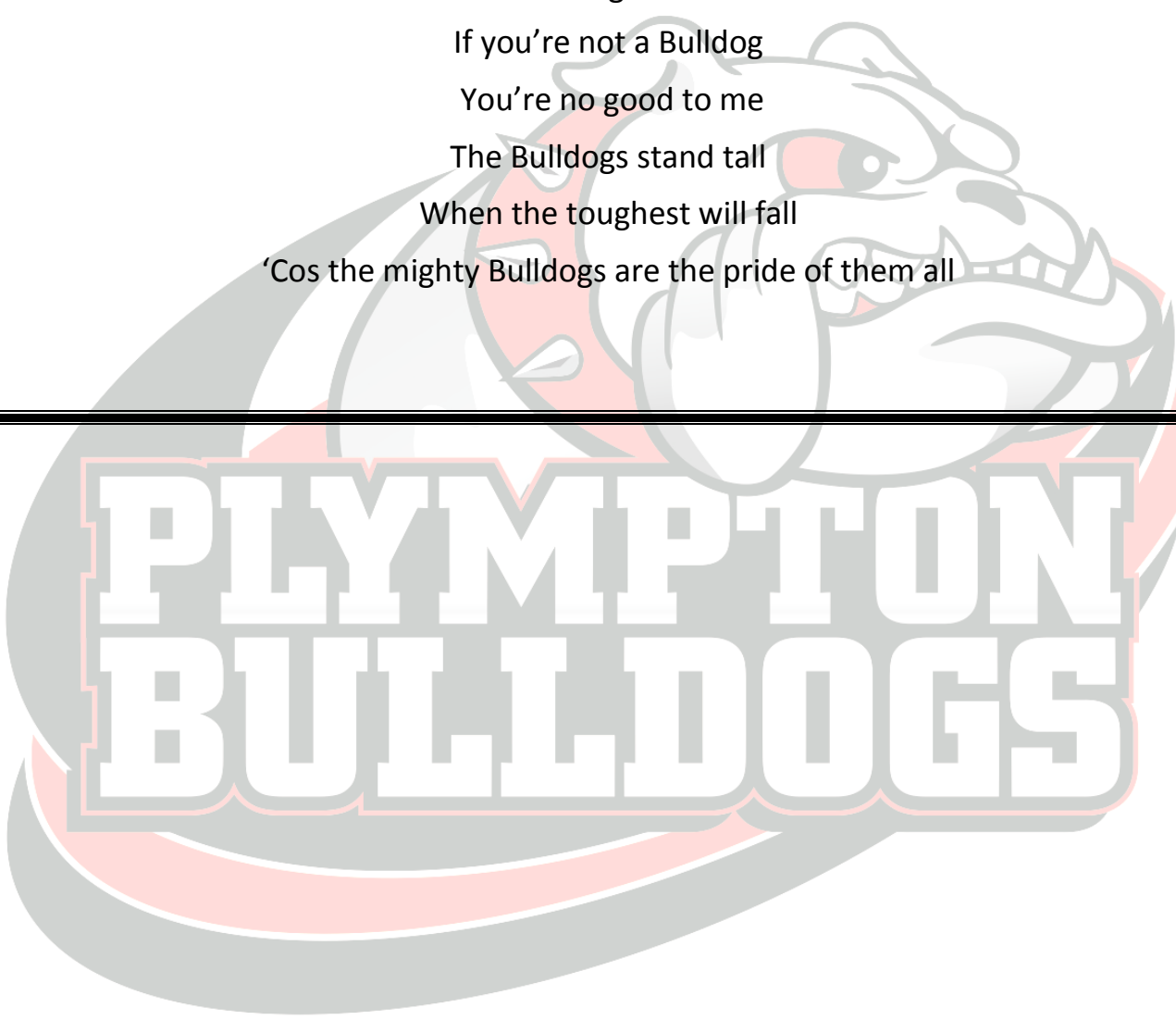
Good luck for Season 2024!

Kind Regards

"Be the Best We Can Be"

# CLUB SONG

A Bulldog for me  
A Bulldog for me  
If you're not a Bulldog  
You're no good to me  
The Bulldogs stand tall  
When the toughest will fall  
'Cos the mighty Bulldogs are the pride of them all



**PLYMPTON  
BULLDOGS**

**History of the Plympton Football Club Juniors**

"Be the Best We Can Be"

The Plympton Football Club was founded in 1937 by local resident, Mr Robert P McGhee, formerly of Victoria. The red and black colours were chosen as Mr McGhee was an Essendon supporter, but it isn't well understood as to why the Bulldog was chosen as the Club emblem. However, it's a fair bet that Mr McGhee may have had the natural tenacity of the Bulldog in mind as a quality that Plympton players should adopt.

The first junior team to be fielded was in 1956 when an Under 15s competition was introduced. Since then, there has always been some form of under-age competition ranging from Under 12s through to Under 18s.

In 1998, the Metro South Junior Football League was established. Plympton fielded two teams in 1998, Under 9s and Under 11s, and over the years this has grown. In 2012 a combined Metro South/Metro West League was formed, and then in Season 2016 SANFL Juniors took over the running of all Junior football in SA.

The Junior Club has celebrated 13 premiership flags, and has had the honour of producing 15 Association Medallists, representing the best talent the league had to offer in that particular age group for that year.

In addition to Medallists, the club has provided numerous representatives in Association Teams of the Year, Representative teams as well as South Australia State Teams across all different age groups.

We are also proud of our player's achievements at reaching AFL level and we have a strong record with 6 AFL draftees from the Bulldog system. We also see our players progress to SANFL level as well and we maintain a close link with all of our past players and families.



**PLYMPTON  
BULLDOGS**

# Honour Board

## *PREMIERSHIPS*

**2000 – U11**

**2002 – U13**

**2006 – U14**

**2011 – U15**

**2012 – U12, U16 White**

**2013 – U12 Red**

**2015 – U12, U13, U14**

**2017 - Under 12 Div 1 South**

**2019 - Under 12 Girls**

**2019 – Under 16.5 Boys Div 1**

**2020 – Under 13 Boys Div 1**

**2020 - Under 16.5 Boys Div 2**

**2022 – Under 13 Girls Div 1**

**2022 – Under 15 Girls Div 2**

**2022 – Under 15 Boys Div 2**

**2022 – Under 16 Boys Div 2**

**2022 – Under 16 Girls Div 2**

## *JIM HINSON PERPETUAL TROPHY*

**2003 – Bryce Gibbs**

**2004 – Luke Clayson**

**2005 – Daniel Herbut**

**2006 – Luke Genikas**

**2007 – Matthew Delmenico**

**2008 – Max Proud**

**2009 – Jacob Carger**

**2010 – Jacob Laba**

**2011 – Alex Neal-Bullen**

**2012 – Aaron Ferraro**

**2013 – Brodie McLeod**

**2014 – Jamie West**

**2015 – Sebastian Kerrish**

**2016 – Luke Viska**

**2017 – Brady Searle**

**2018 – Ty Murphy**

**2019 – Riley Holder**

**2020 – Liam Bennetts**


**2021 – Aston Moir**

**2022 – Harry Plews**

# Honour Board

## AFL/AFLW DRAFTED PLAYERS

- 2006 Bryce Gibbs – Carlton*
- 2009 Christian Howard – Western Bulldogs*
- 2010 Cameron Hitchcock – Port Power*
- 2011 Patrick McCarthy – Carlton*
- 2014 – Alex Neal-Bullen – Melbourne*
- 2017 – Deni Varnhagen – Adelaide Crows AFLW*
- 2016 – Liam Mackie – Collingwood*
- 2019 – John Noble – Collingwood*
- 2023 – Sarah Goodwin – Port Power AFLW*
- 2024 – Ashton Moir – Carlton*
- 2024 – Lauren Young – Port Power AFLW*



**PLYMPTON  
BULLDOGS**

## JUNIOR LEAGUE ASSOCIATION MEDALLISTS

<u>Year</u>	<u>Grade</u>	<u>Player</u>	<u>Placing</u>
1999	U11	Daniel Bartlett	Winner
2000	U11	Bryce Gibbs	Winner
2001	U9	Jack Curtis	Third Place
2001	U13	Jarrad Ashley	Winner
2002	U9	Deni Varnhagen	Third Place
2002	U11	Darren Clunes	Runner Up
2002	U13	Bryce Gibbs	Runner Up
2003	U11	Jacob Broad	Runner Up
2003	U15	Daniel Bartlett	Winner
2004	U11	Deni Varnhagen	Third Place
2004	U15	Daniel Herbut	Runner Up
2005	U14	Darren Clunes	Winner
2005	U14	Jacob Broad	Third Place
2005	U16	Daniel Herbut	Joint Winner
2005	U16	Cameron De Visser	Third Place
2006	U13	Troy Bennett	Joint Runner Up
2006	U13	Lytho Levi	Joint Runner Up
2006	U14	Jacob Broad	Winner
2006	U14	Sam Barnett	Runner Up
2006	U16	Jack Noonan	Winner
2007	U16	Michael Jennings	Third
2008	U11	Ben Moroney	Runner Up
2008	U12	Brent Medhurst	Winner
2008	U13	Kostas Kontos	Winner
2008	U17	Taylor Angel	Winner
2009	U11	Connor Noonan	Runner Up
2009	U11	Jarrod Short	Third Place
2009	U12	Ben Moroney	Winner
2009	U14	Luke Romeo	Runner Up
2010	U11	Tom Welsby	Third
2010	U12	Jarrod Short	Winner
2010	U14	Cleve Westley	Joint Winner
2010	U14	Alex Neal-Bullen	Third
2011	U11	Tom Welsby	Runner Up
2011	U15	Cleve Westley	Runner Up
2012	U11	Owen Woolford	Runner Up



<u>Year</u>	<u>Grade</u>	<u>Player</u>	<u>Placing</u>
2012	U12	Fadi Alaeddin	Winner
2012	U14	Jarrod Short	Third Place
2013	U12Red	Owen Woolford	Third Place
2013	U14Green	Fadi Alaeddin	Joint Winner
2014	U13	Tyler Bishop	Third Place
2014	U14	Fadi Alaeddin	Runner UP
2015	U11	Kobe Ryan	Winner
2015	U12	Luke Young	Runner Up
2015	U14	Ricky O'Loughlin	Runner Up
2015	U15	Wilson Otto	Runner Up
2015	U16.5	Liam Mackie	Runner Up
2016	U12Yellow	Kobe Ryan	Winner
2016	U13Red	Luke Young	Runner Up
2017	U12 Div 1	Ashton Moir	Winner
2017	U14Girls	Lauren Young	Winner
2017	U14 Div 1	Kobe Ryan	Runner Up
2018	U12 Div 1	Charlie McAulliffe	Joint Winner
2018	U13 Div 1	Lukas Zvaigzne	Winner
2018	U15 Div	Charlie Pridham	Joint Runner Up
2019	U15 Div 1	Kobe Ryan	Winner
2019	U16.5 Div 1	Riley Holder, Charlie Pridham	Joint Third
2019	U16 Girls Div 1	Lauren Young	Winner
2019	U12 Girls	Bella Koch	Runner Up
2020	U13 Div 1	Isaiah Clother	Runner Up
2020	U14 Div 2	Conor Gluyas	Runner Up
2020	U14 Girls Div 3	Eloise Mackereth	Third
2021	U13 Div 1	Michael Williams	Runner Up
2021	U15 Div 1	Charlie McAulliffe	Winner
2021	U16 Girls Div 3	Matilda Wilmore	Winner
2021	U15 Girls Div 1	Violet Patterson	Third Place
2022	U12 Div 1	Caleb Jones	Runner Up
2022	U13 Girls Div 2	Maya Camporeale	Third Place
2022	U15 Girls Div 2	Matilda Willmore	Winner

"Be the Best We Can Be"

<u>Year</u>	<u>Grade</u>	<u>Player</u>	<u>Placing</u>
2022	U16 Boys Div 2	Charlie McAulliffe	Third place
2023	U14 Boys Div 3	Tanner Ryan	Third place
2023	U17.5 Boys Div 2	Harry Plews	Third place



"Be the Best We Can Be"

## Key Information for 2024

### The Competition

The Plympton Football Club Juniors participate in the SANFL Juniors Football League in Boys U7-U8-9-10-11-12-13-14-15-16-17.5 and Girls U10-12-14-16. The Club is bound by the Rules and regulations of the SANFLJ.

The home-and-away season normally consists of 16 rounds. Final's series are played from U12 upwards. No Premiership ladder is kept for U8-9-10-11. Under 8s, Under 9s and Under 10s play in a modified game of either 9 a side or 12 a side, with Under 11 and above being 18 a side.

Girls Football at Under 10s is a modified game of 9 a side, and Under 12s, 14s, 16s is 16 a side. Girls have finals from Under 12s and above. Generally, games are played on a Sunday, with occasional Friday night games.

### Registration Fees

All players are required to pay a playing fee. Fees are as follows:

Boys and Girls U7 - \$270 per player  
Boys and Girls U8- U9-10-11 \$300.00 per player.  
Boys and Girls U12 – U18 \$320.00 per player  
2<sup>nd</sup> Sibling - \$20 reduction

SA Government Voucher \$100 is able to be used where applicable.

All fees are required to be paid prior to Round 1. Failure to pay fees could result in that player not being selected to play until all fees are paid. If you require more time to pay please speak with our Treasurer to make alternative arrangements.

### List Sizes

The SANFL determines the number of players that can be registered by each club in each grade. For Season 2024:

Under 8-9-10-11	28 Players
U12-13-14	28 Players
U15-U16-17.5	32 Players

In some cases the club may apply for exemption to exceed these list numbers.

The club has a consistent approach to list management and endeavours to have playing lists up the maximum allowed by SANFL. Larger playing lists assist in planning for injuries, absences, SANFL Development squad commitments, school football commitments, player welfare, and some players choosing other sports as they become older. These factors all contribute to balancing list sizes.

Players are allocated into relevant teams in their age group in conjunction with age group coaches, Junior Football Director and club Coaching Coordinators.

## **Age Group**

The SANFL determines that age group eligibility is based on a calendar year basis. As a club we follow these age group eligibilities and require that all players play within their respective age groups. There is a possibility for exemption this in but such exemption is only granted in conjunction with the club and with club request to SANFL. All decisions on age group eligibility remain with the Club Junior Football Director and Coaching Coordinator.

## **Playing Philosophies**

At Plympton our playing philosophy for all players is one of fun and enjoyment and to be the “best you can be”. The AFL and SANFL help clubs to foster the development of younger players and Plympton follows these guidelines to help all our players.

You will be hearing more from your coaches during the year on player development, but our key development stages are:

**YOUNG PUPS – U8, U9 – Base Stage**  
**PUPS - U10, U11 – Development Stage**  
**GUARD DOGS – U12, U13 – Establishing Stage**  
**TOP DOGS – U14, U15, U16, U17.5 – Emerging Stage**

We encourage all parents to be an active part of their children’s development as a football and help to reinforce the philosophies that the club is built on.

## **Player Rostering**

Given that 22 players take the field each week rostering of players will be necessary. It is the policy of the PFC Juniors that during the Minor Round all players will receive equal playing time. We take rostering and game time of players seriously and this is a club and SANFL requirement.

We want all our players to develop in any position and improve over the course of a playing season.

We have implemented a Club method of ensuring all players receive game time that is fair during the minor round and every player will have the opportunity to experience as equal game time as possible. Team Managers keep records of player game time and provide this to coach and club weekly.

In U7 to U12 it is expected that players will experience playing each position. This includes backline, midfield and forward line.

As players progress (u13 and above) coaches will give greater consideration to player’s size, strength, skill level and game sense when rotating players through positions. This may result in players playing fewer positions, but the club still expects some rotation of positions.

There are situations where injuries and other issues can affect this, and of course Coach discretion is needed and in older grades U13, u14, u15, u16, U17.5 greater in game rotations can cause a large number of interchanges.

## **Equal Game Time & Playing Time Policy**

“Be the Best We Can Be”

As a club our philosophy is to ensure that all players over the course of the year are allocated game time as required during minor round games.

Our strict policy is equal game time for all registered players throughout all our junior teams.

All players selected will be given as equal game time as possible each week. This means coaches should provide a minimum of  $\frac{3}{4}$  per game for all players each week.

From U7 – U12 it is expected that this policy occur each game each week. The exceptions to this would be:

- Where player has to fill in to assist team numbers
- A parent has requested less playing time
- The player is injured during a game
- A player arrives late to a game or must leave early

From U13 - U175 it is still expected that all players receive equal game time of at least  $\frac{3}{4}$  per game during minor round games. The above exceptions do apply to these age groups as well as coach discretion must be given to player size, strength and positional play.

PFC Juniors has developed a finals policy in conjunction with our coaches and our clubs philosophies.

During Finals games each Coach has discretion to choose their 22 players to participate in a game of finals. If a side gets the opportunity to play in a Grand Final then it is at the discretion of the Coach as to how much game time is given to each player, a squad of 22 will be chosen for a grand final. All players in the squad will receive a medal and will participate on game day in some capacity, eg running water etc.

### **Player Commitment Expectations**

All players at Plympton are required to acknowledge and accept a playing code of conduct from the club and also the SANFL.

A core fundamental of player commitment is an expectation on training attendance, behavior, games and injury management.

We encourage coaches to ensure that players are meeting their expected commitment levels and these requirements differ across age groups.

If you know in advance of days you will not be able to play please advise your Coach so that he will be able to roster you off on those days.

Even if you are rostered off players are asked to attend the match and bring their playing gear, as sickness or injury may result in a position becoming available before the start of the game. If you are rostered off, your presence to support your team mates will be appreciated. Also, you may be able to help by carrying water for the team or by helping out as a scoreboard attendant; these roles are required each week and your support will be valued. Remember, everyone is part of the team and should contribute to the team's success!

### **Attendance at Training**

"Be the Best We Can Be"

All players are expected to attend training on a weekly basis. Failure to attend training on a regular basis could result in players forfeiting their right to game time. Football is a team game and as such training together will ensure the team plays as a team on match day.

All players are required to attend training in correct football attire, this means training Guernsey or PFC Juniors vest, football shorts, football socks and football boots.

### **Dress Standards**

All Plympton players ARE to attend game day in their playing uniform and Compulsory warm up jacket.

### **Arrival Times for Games**

All players are expected at the ground a **minimum of 30 minutes prior to the game**, unless advised differently by the coach. Players should ensure they are ready to play as soon as possible after their arrival at the ground and be ready for warm-ups and their Coach's instructions.

### **Game Start Times**

Start times and venues vary from week to week.

**PARENTS PLEASE NOTE: Please ensure you check the SANFL Website each week for all Game Times and Venues.**

We recommend you carry your Coach's phone number, so that you can always double check your game start time and location if you need to.

### **Player Insurance**

All financial players are covered by the AFL Insurance Scheme, which assists in covering major non-Medicare costs which may arise as a result of injury.

### **Heat Policy**

In the interests of Health and Safety, the SANFL maintains a Heat Policy which will apply to all games in Season 2024. Plympton Football Club Juniors will also abide by this policy for its training sessions.

Training may be held on the beach during hot weather or your coach may hold a strategy session. Please consult with your coach to check for alternative arrangements when it is too hot to train.

### **Reporting of Injuries**

All players should immediately report any new injury at training to their Coach. Then they should report to the trainers for assessment. **PARENTS and PLAYERS PLEASE NOTE:** we supply trainers and maintain their education for the benefit of you and your children. The Trainers will have the final say if a player is not to return to the field. This is an important issue related to our risk management and insurance.

The Plympton Football Club Juniors will be providing a qualified Sports Trainer / First Aid to deal with injuries at Training and on Game days, players should respect our Trainers and follow their instructions to allow for proper recovery for certain age groups.



Players should seek proper medical advice on any prolonged injury. Please don't try and play if you are unfit, as this is not fair to either yourself or your team-mates.

The Plympton Football Club Juniors is always looking for further help in the area of Trainers. We are prepared to pay for the costs of courses to ensure you feel comfortable dealing in this area. If you are interested, please contact your coach or team manager.

### **Mouthguards**

It is a Plympton Bulldogs Policy that all players wear mouthguards during all games. This is also a requirement of the SANFL. **NO MOUTHGUARD NO PLAY.** It is also recommended that all players bring their mouthguards to training and use it when involved in contact training.

### **Drink Up**

It is expected that all players arrive at games and training properly hydrated and that during games and training they continually drink fluids provided. Refer to information at website referred to below. All players must provide their own individually marked Water Bottle.

### **Warm Up**

We also have information for players and parents regarding Warm up, Cool down and Stretching. To successfully avoid injury these activities are vital and will help towards a longer career and less injuries. Please see the trainers for this information or refer to the website referred to below.

### **Concussion**

It is the policy of the Plympton Football Club, both Junior and Senior, that should any player suffer from or have suspected concussion, there will be an automatic one week rest. This will only be waived with a doctors' certificate clearing the player to play. We have a concussion management policy that is provided to all our coaches and trainers and all our families as well. We follow the AFL standards and SANFL guidelines with respect to Concussion Management on game day and afterwards.

Some signs of concussion are:

- Brief or more extended periods of unconsciousness
- Seeing stars
- Confusion or temporary loss of short term memory
- Head ache
- Nausea or vomiting
- Numbness in legs or arms
- Stumbling or lack of hand eye coordination

**Anyone suspected of concussion should seek medical attention.**

**The concussion policy adopted by Plympton Football Club is in line with AFL standards and guidelines.**

*Information provided by Sports Medicine Australia [www.smsa.asn.au](http://www.smsa.asn.au)*

### **Shorts, Socks & Guernseys**

"Be the Best We Can Be"

All players are required to have their own shorts (plain red) and socks (black with two red hoops at the top). Plympton Football Club Juniors will supply the Guernseys on a weekly basis. Socks and Shorts are available for purchase from The Club and from local provider SPORTS POWER GLENELG.

White shorts are required for U12 and U17.5 Boys for away games. These will be available for purchase from SPORTS POWER GLENELG.

### **Boots**

Please note boots with metal tipped sprigs are not permissible within this competition. Please acquire nylon sprigs if you have metal sprigs on your boots.

### **Skins**

Players are allowed to wear "skins" under their shorts.

### **Jewellery**

No jewellery is to be worn during training or games. Please remember to remove jewellery, this includes all message bands.

### **Fundraising**

Fundraising is an important activity that helps the Club to generate essential funding.

Your support of our fundraising functions and activities enables us to keep fees at a reasonable level both now and into the future. So please get on board and provide your support where you can. If you would like to be involved in the organisation of fund raising events, please contact the club.

### **Volunteers**

The Plympton Football Club Juniors, like all clubs, is dependent on the help of parents and friends to run the football club successfully.

There are many different jobs and tasks which need to be done every weekend and during the week. It takes a large number of parents and friends to provide support so that we can field eight teams each weekend.

The Committee is seeking your support. We recognise that a number of families commit more time than is expected, and we thank these people for their support.

The Plympton Football Club Juniors are always seeking the support of parents, brothers, sisters and other family members in all areas of the Club's operations. We are especially always on the lookout for trainers, coaches and umpires.

### **Team Parent Representative**

The Plympton Football Club Juniors, like all clubs, is dependent on the help of parents and friends to run the football club successfully.

To enable off field and on field to run smoothly, all teams are required to provide a Team Parent Representative that is not a Coach or Team official to assist in club activities. This is a great way to meet new people and learn about the club. This is not an official committee position, but a way that



all our parent group can help assist off field. Helping with an event, team dinner, photos, presentation day, equipment or other items is essential to help spread the load.

We rely on our teams and parents to help the club run smoothly, so please get on board.

### **Plympton Sporting & Recreation Club**

The Club facilities, incorporating the clubrooms and oval, are managed by the Plympton Sporting & Recreation Club Incorporated (PS&RC). The PSRC also manage the canteen operations which are provided at home games and Thursday nights. The current president is Mr Trevor Bruce.

The Plympton Football Club is an affiliate member of the PS&RC, and the Juniors are a division of the football club. All monies received are given to the PS&RC and all expenses of the Juniors are paid by the PS&RC.

Included as part of each player annual Registration fees, all players/families will become members of the PS&RC. This membership allows for certain benefits over the bar and other activities which we will keep you informed about.

Parents are issued with a CLUB MEMBERSHIP CARD to access club benefits and prices.

### **Family Meal Nights/Team Dinners**

The Plympton Sporting & Recreation Club serves good quality, low cost meals every Thursday night at the Club. We encourage as many families as possible to stay and enjoy a meal together after Presentations.

We also have a Team Dinners per team over the course of the year when we ask all parents and families from each age group attend the club and enjoy a "Team Dinner" with their teammates and families.

### **Auskick**

Each year, the Plympton Football Club Juniors conducts an AUSKICK program for children between the ages of 5 to 7 years.

The AUSKICK program is designed to provide youngsters with the opportunity to learn and develop their football skills in a fun-filled environment. If these children enjoy their first experience playing football, they may subsequently want to play in our junior competition.

### **Transition to Seniors**

We would like to encourage all players who are no longer eligible to play in the junior competition to progress to senior football at Plympton.

The club has a number of items that help to build the link of players and parents as ONE CLUB. These include:

- 4 Senior football home days hosting Junior teams
- Water carriers for Seniors games and Boundary Umpires
- Combined trainings of U16 and U175 and Seniors

"Be the Best We Can Be"

- Presentation Events
- Club-wide Fundraising and ONE CLUB events

### **Codes of Conduct and Behaviour**

The Plympton Football Club Juniors ask that all Coaches, Players and Parents abide by the following Codes. These are drawn from the Australian Sports Commission and are a requirement on all clubs as detailed by the AFL and accordingly the SANFL. As a club participating in these leagues we are required to abide by all such codes.

A copy of these codes of conduct are signed off as part of the player registration process and are available on the clubs website and a copy is provided to all parents in this handbook.

All club officials, coaches, and administrators are required to sign and follow codes of conduct.

### **Jim Hinson Perpetual Trophy**

This prestigious trophy is presented in memory and honour of Jim Hinson, a respected past player, coach and long time supporter of the Plympton Football Club.

Jim Hinson showed a particular interest in the Plympton Football Club Juniors, and was always keen to observe the progress of our young players. He was keen to promote higher levels of participation in young players whom he could see had the potential.

It is therefore fitting that a group of past playing mates and friends at the Plympton Football Club and the Glenelg Football Club have donated this perpetual trophy.

The Trophy will be awarded each year to the junior player from our oldest age group who is judged to have the most potential to go on to play football at the elite level.

Previous winners of this prestigious award are listed within this Handbook.

### **Best and Fairest Awards**

For Under 11 and above a Best & Fairest award and count is conducted. These votes are prepared by the Coach and another official on the coaching panel from that team. An annual "count" is conducted towards the end of the year after the minor round.

Weekly awards will be presented following training on Thursday evenings. We ask as many families as possible to attend at this time for a short presentation by each coach, and the handing out of awards.

### **Bulldog Awards**

The Bulldog Award is designed to recognise a player who not only plays consistently well but does all the other "team things", both at training and during the game. The player who receives this award

does not need to be highly skilled, but the nomination criteria do not preclude a highly skilled player from winning.

Each Bulldog Award is made on a monthly basis and is selected by the coach of each team from Under 8s using the following criteria:

1. Plays consistently well for a period of 4 weeks
2. Is consistently hard at the ball and is courageous
3. Is a team player on and off the field
4. Follows up with 2<sup>nd</sup> and 3<sup>rd</sup> attempts
5. Attends training and trains properly encourages others to do the same

At the conclusion of the season, the coaches will select a season winner from the list of monthly winners.

### **Club Policies**

The clubs its players, coaches, officials, parents and spectators are all bound by both SANFL Juniors Rules and Regulations and Policies, as well as our club policies with respect to Child Safety, Member Protection, Social Media and codes of conduct.

All of these policies are listed on our club website, and also listed on the SANFL Juniors website. Ignorance of policies is not an excuse, so please take the time to note and read and be aware of all requirements

Club website and policies

<https://www.plymptonbulldogs.com.au/parent-info-documents>

SANFL Juniors

<https://sanfl.com.au/juniors/clubshub/>

**PLYMPTON FOOTBALL CLUB - JUNIORS**



"Be the Best We Can Be"

# Players Code of Conduct

This Code of Conduct applies to all of our Players.

- Play by the rules (of both the laws of the Game and the rules of my club).
- Respect the umpire's decision. Without them there would not be a competition
- Never argue with an official. If you disagree, discuss the matter with your Coach or Team Manager after the game.
- Respect the rights, dignity and worth all of all participants regardless of their gender, ability, cultural background or religion
- Control your temper. Verbal abuse of officials or other players, or provoking an opponent is not acceptable and may be a breach of state, league and national Member Protection Policy
- Never engage in any type of violence either on or off the field
- Work equally hard for yourself and for your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they be by your team, opponent or the other team.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player. Do not bully or take unfair advantage of another competitor
- Cooperate with your coach, team mates and opponents. Without them there would no competition.
- Play for the "fun of it" and enjoyment not just to please anyone else.
- Respect the rights, dignity and worth of all players, regardless of their gender, ability, cultural background or religion.
- Avoid using derogatory language.
- Do not take part in any form of bullying including via the use of social media
- Be prepared to take responsibility for your actions

Players should be mindful that they are members of a Club that seeks to be respected by all teams in the MSJFL competition. We want to build this tradition and so we ask all players to act in a responsible manner at all times when in our own Clubrooms and when visiting other clubs.

**Remember, NO BULLYING.** Bulldogs are tough; people who bully others are not. We will not tolerate bullying of any kind at the Plympton Football Club Juniors. Any instances of bullying will be dealt with immediately.

By registering as a player with the Plympton Football Club Juniors I agree to abide by these principles.

I support the Club in its undertakings and encourage the Club to take any necessary disciplinary actions including the suspension and banning where warranted of any players for repeated or serious breaches of the Players Code of Conduct .

**Players Name**

\_\_\_\_\_

(print name)

\_\_\_\_\_

(signature)

**Parents Name**

\_\_\_\_\_

(print name)

\_\_\_\_\_

(signature)

**Date**

\_\_\_ / \_\_\_ / \_\_\_

"Be the Best We Can Be"

# PLYMPTON FOOTBALL CLUB - JUNIORS

## PARENTS CODE OF CONDUCT



The Online Registration form for SANFL Juniors Includes the Players Code of Conduct and the following key statements regarding behaviour and expectations of Parents and Caregivers (Guardians) under the Terms and Conditions.

For Parents & Caregivers

- I/We hereby consent to the registration of my/our son/daughter with SANFL Juniors.
- I/We acknowledge that I/we have been provided with, and understand, the Code of Conduct of SANFL Juniors under the Competition Rules and Bylaws(Rules).
- I/We hereby agree to abide by the Code of Conduct and agree to observe and obey this Code and all rulings made by the SANFL that relate to me/us, other family members and invited guests.
- I/We understand that the SANFL may withdraw or suspend my/our son(s)/daughter(s) registration to play in SANFL Juniors should I/we fail to comply with the Code, the Rules and/or any rulings of the SANFL.

This Code of Conduct applies to all of our Parents of Registered Junior/Youth/Auskick Players.

- Encourage children to participate, if they are interested.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best from example. Applaud good plays by all teams.
- Respect the umpire's decision and teach children to do likewise. Without them there would not be a competition.
- If you disagree with an official, raise the issue through the appropriate channels rather than questioning the official's judgment and honesty in public.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Recognise the value and importance of volunteer coaches, officials, administrators and umpires and teach your children to do the same. Without them your child could not participate.
- Remember that children play organised sports for fun. They are not playing for the entertainment of spectators only, nor are they miniature professionals.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or umpires.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Smoking and consumption of alcohol is only acceptable in designated areas and times.

If, as a player, or parent, you have an issue you wish to raise, we encourage you to approach a PFC Juniors Committee member to discuss the problem. We will attempt to deal with all issues in a professional and caring manner, always keeping in mind the overall objective of helping our children to play Australian Rules Football.

By registering our child with the Plympton unior Football Club I agree to abide by these principles.

I support the Club in its undertakings and encourage the Club to take any necessary disciplinary actions including the suspension and banning where warranted of any parents for repeated or serious breaches of the Parents Code of Conduct .I also support the club in any disciplinary actions related to players including the suspension or banning of parents , for either repeated or serious breaches of the parents code of conduct.

**Parents Names**

\_\_\_\_\_

(print name)

\_\_\_\_\_

(signature)

**Date**

\_\_\_ / \_\_\_ / \_\_\_

"Be the Best We Can Be"