

Plympton (Junior) Football Club

Concussion Management Policy



This policy applies to all players and officials of Plympton Junior Football Club in the management of concussion or head injury to any player.

- The Club requires that the AFL Management Guidelines for Concussion are followed and are the Club's accepted policy for head injuries
- Plympton requires qualified trainers to attend every game. Qualification for trainers as required by SANFL Juniors rules
- The Management Guidelines for concussion are to be on hand at EACH GAME and held by the TEAM MANAGER
- The Club requires that the procedures as listed in the AFL Guidelines in the management of suspected concussion be followed in ALL instances.
- The CONCUSSION RECOGNITION TOOL is required to be followed by all TRAINERS and any MATCH OFFICIAL, or VOLUNTEER from Plympton
- The procedures for dealing with suspected concussion (as per AFL Guide)
 - **LOOK FOR PRESENCE OF CONCUSSION SYMPTONS**
 - **IMPLEMENT FIRST AID MANAGAMENT PROTOCOL**
 - **DO NOT ATTEMPT TO MOVE A PLAYER UNLESS TRAINED TO DO SO**
 - **IF NO QUALIFIED HEALTH PROFESSIONAL IS ON SITE DO NOT MOVE THE PLAYER – AWAIT ARRIVAL OF AMBULANCE**
 - **REMOVE THE INJURED PLAYER FORM THE GROUND AND ASSESS USING CONCUSSION RECOGNITION TOOL (CRT)**
 - **ASSESS FOR URGENT MEDICAL ATTENTION**
 - **CALL FOR AMBULANCE**
 - **DO NOT ALLOW PLAYER TO RETURN TO PLAY.**
 - **REFER PLAYER TO MEDICAL PROFESSIONAL**
- First aid equipment in Stretchers and Neck braces will be made available at ALL PLYMPTON HOME GAMES and for away games the HOME club is required to provide
- Any concussed player will not be allowed to return to training or play unless written medical evidence is provided to the TEAM MANAGER and provided to the Club
- The decision for a player to return to training and play will be from a MEDICAL PROFESSIONAL.